|  |
| --- |
| **Landesverband:** |
| **Kategorie:** |
| **Name Sportler/in:** |

|  |
| --- |
| **ELEMENTS IN ORDER OF SKATING** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Elements SP / RD** |  |  | **Elements FS / FD** |
| **1** |       |  | **1** |       |
| **2** |       |
| **2** |       | **3** |       |
| **4** |       |
| **3** |       | **5** |       |
| **6** |       |
| **4** |       | **7** |       |
| **8** |       |
| **5** |       |  | **9** |       |
|  | **10** |       |
| **6** |       |  | **11** |       |
|  | **12** |       |
| **7** |       |  | **13** |       |
|  | **14** |       |