



## **Important information**

### **Generally:**

- Contact restrictions apply for all participants. Due to the participation of international skaters, there is a strict ban on contact for the duration of the event. Each participant is only allowed to stay in the hotel or in the ice rink at the specified times.

### **Hotel:**

- National and international participants are separated in the hotel. Contacts between these two groups are prohibited.
- Catering for athletes and coaches will be available in the hotel only.
- Breakfast: 6:15am- 9:30am
- Lunch: 12.00pm- 2.00pm
- Dinner: 06.00pm- 10.00pm

### **Ice Arena:**

- There are three different groups of participants (Athletes & Coaches, Judges & Officials, OC) with their own areas. Entering of other groups` areas is prohibited.
- When arriving at the ice arena, all participants will be registered online. The body temperature of all participants will be measured.

- Athletes and Coaches are allowed in the ice arena only at the scheduled practice and competition times. Please notice the time tables!
- After the practice / competition, all participants have to leave the ice arena as soon as possible due to the restrictions on the number of the people.
- There are specific times for the use of the dressing rooms.
- Only athletes are allowed to enter the dressing rooms.
- Always wear a mask in the ice arena (Exception: Ice Rink + Warm-Up area for athletes).
- Keep the distance at all times (1.5 m).
- Avoid shaking hands, cover your cough / sneeze and wash your hands thoroughly
- The paths have to be kept free and only have to be used in the specified directions.
- During practice time and competition warm up, coaches have to stay in the designated coaches' areas at the ice rink
- The victory ceremony for places 1-3 will be held after the competition. The athletes take the certificates and trophies independently from the prepared table.