

Ice Dance Tryout Seminar Held at ISU Center of Excellence, Oberstdorf

May 15-18 2022







The Oberstdorf ISU Center of Excellence is holding an international Ice Dance Tryout Seminar for the first time this spring. The 3-day seminar will be led by two internationally experienced ice dance coaches Sylwia Nowak (POL) and Dr. Rostislav Sinicyn (CZE). The goal is to introduce ice dancing to young single skaters as an alternative career path and the formation of new ice dance teams in the future. Potentially, some international partnerships can be formed then. (subject to ISU Rule 109 requirements)

The focus of the training sessions will be on partnering exercises on and off the ice.

Seminar Dates: 15th -17th of May 2021 (Arrival 14th of May – Departure 18th of May)

Target Group: Novice and Junior Level skaters (ages 10 and above)

<u>Training location:</u> The ice rink in Oberstdorf has been made world-famous as many international stars have benefitted and have enjoyed optimal training conditions here. The center has to offer 3 Ice Rinks under one roof, a Ballet Hall, Yoga Room, several Changing Rooms, and a Restaurant.

Eissportzentrum Oberstdorf Roßbichlstraße 2-6 87561 Oberstdorf, Germany

<u>Catering:</u> Lunch and dinner for athletes and coaches are served at the Zoran Restaurant which is located within the ice rink premises.

<u>Course fees:</u> The participation fee is $\underline{100}$ per skater. The price includes lunch and dinner during the three seminar days (15th-17th of May).

Accommodation: Accommodation must be paid for by the participants. A range of apartments within walking distance to the ice rink is provided by the organizer. Prices range from 70€-120€ per night, depending on the equipment and size.

For details and bookings, please contact:

Ferienwohnungen Blattner Bahnhofplatz 1b 87561 Oberstdorf

Mail: mail@blattner-fewo.de
Web: www.blattner-fewo.de
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Important

Skaters are supervised only during training sessions and the presence of a responsible adult outside these times is therefore mandatory.

Coaches Team

Ice:

Head Coaches for the pilot seminar will be

Sylwia Nowak (POL) and **Dr. Rostislav Sinicyn** (CZE). Both are world-renowned ice dance coaches for many years with a special eye for talented young athletes.

The team is complemented by former world-class ice dancers

Lloyd Jones (GBR), and Natalya Karamysheva (CZE) and will be supported by local ice dancers.

<u>Ballet:</u> Katherina Markovskaya and Maxim Chashchegorov (UKR) have danced for the Mariinsky Theatre, the Bavarian State Ballet, and many other renowned ballet companies around the world during their active careers. Both dancers are now excellent educators and will help the athletes to improve their Ballet techniques.

<u>Dance:</u> Simone König (GER) will inspire young athletes with improvisation & dance composition, as well as dance styles, music & art in dance. Ms. König brings many years of experience and has already trained with many talents at the Center of Excellence in Oberstdorf.

<u>Off-Ice Dance-Lifts:</u> Tatjana Tobler (RUS, GER) has been working with figure skaters in the athletic and acrobatic fields for many years. She has supported the team in Oberstdorf for many years and has also worked with famous coaches such as Tatjana Moskvina in St. Petersburg.

If you have any organizational questions, please contact the organizers:

Mr. Daniel Wende Ms. Ekaterina Balasuriya

mail: daniel.wende@eislauf-union.de mail: e.balasuriya@bev-eissport.de

Due to the current Covid-19 situation, the organizers of the seminar reserves the right to postpone the seminar and to hold it at a later date. In this case, all participants will be informed at an early stage.